



**INTENSIVE TRIBAL FUSION WEEKEND WITH SAMANTHA EMANUEL
20th and 21st November 2010**

REGISTRATION FORM

WORKSHOPS

Venue: TBA

Name: _____

Surname: _____

Email: _____

Tel (w/h): _____

Tel (cel): _____

Please indicate which workshops you will be attending by putting a **YES** next to the appropriate one.

Elementals: An Introduction _____

Saturday 20th November 10am – 12:30pm
R420

Creative finger cymbal compositions _____

Saturday 20th November 1:30pm – 4:00pm
R420

Combinations for improvisation _____

Sunday 21st November 10am – 12:30pm
R420

Choreography 1 _____

Sunday 21st November 1:30pm – 4:00pm
R420

Payment:

A 50% deposit is required on returning this registration form to secure your booking. The balance which is payable by the **23rd October 2010**. Deposits are non refundable, as there are limited spaces in the workshops. If full payment is not made by date specified, we reserve the right to give your place in the workshop away if there is a demand.

You can pay by either:
Direct Bank Deposit / Online bank transfer

TRIBAL FUSION BELLY DANCE

www.soma.co.za marissa@soma.co.za 0823593333 0845564852 0214622550



BANK DETAILS:

Marissa Cuenoud, CAPITEC Bank, Branch Code: 470010, Account Number: 1197119890, Savings Account

Please put your name and surname as reference and email proof of payment to: info@soma.co.za

Workshop Descriptions

Creative finger cymbal compositions

For dancers wishing to enhance their finger cymbal skills.

We will use tribal style movement to help us dance with more confidence as we become proficient in playing various patterns .

The short compositions will be drilled and students encouraged to create their own movement interpretations utilising the cymbal compositions.

Participants will benefit most if preceded by Lauren Boldt's License To Zill Level 1 Workshop
BRING FINGER CYMBALS

Combinations for improvisation.

"Jumping is to soaring as improvisation is to choreography" Lynne Anne Blom

Play with Tribal Style movements through practicing short combinations with varying tempos.

Slow and strong, fast and fluid. Including cues to signal the combination thus enabling the dancer to add it to an improvised group performance piece. Bring a yoga mat and drinking water.

Elementals: An Introduction.

The art of layering simple movements over one another: a skill elemental to the Tribal Fusion art form. Definitely a drills focused class, we will slowly work our way up to layering basic clean controlled movements over one another whilst stationary and traveling. Strengthening techniques for key isolations and drills for honing muscle memory are included.

Bring a Yoga Mat and Water.

Choreography 1

Intermediate/advanced. Previous experience advised.

Samantha fuses her short distinctive combos in an original choreography. Strengthening techniques and drills for these combos will be included, utilizing concepts and inspirations from her Tribal Style training in the USA and past Martial Arts experience in the UK to better support the core and enable isolations of key muscle groups for Tribal Fusion choreography. Including breakdown of her signature articulated locking technique plus spins turns and twists aplenty.

Bring a Yoga Mat and water .

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TERMS AND CONDITIONS

Availability: Bookings are subject to availability. Space is limited

Payments: Your booking is secure once full payment for the workshop has been made. You may return the registration form with a 50% deposit to secure a booking, though if the remainder of the fees is not paid by the 23rd October 2010, then we reserve the right to give your place away to someone else and your deposit will not be refunded.

Payment Terms: 50% deposit is required on return of the completed registration form and a confirmation email of your payment is required.

Cancellations: If we cancel a workshop, booking fees will be refunded or an alternative workshop may be offered. No refunds are available if you wish to not attend the workshops after payment has been made, however you are welcome to send another dancer in your place to attend the workshops, please inform Marissa Cuenoud of this arrangement if you wish to do so.

Punctuality: You are requested to arrive at least 15 minutes before the start of workshops for registration
Video Cameras: No filming of any part of the workshops or show is allowed unless Samantha Emanuel states that it is fine to do so. Photographs with Samantha are reserved for after the workshops. No flash photography allowed during the performances.

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